

## No

No to loneliness that keeps me awake at night. No to the darkness and to the things that hide in the dark. No to being unhappy, no to the pursuit of happiness. No to no. No to the people who try to tell me what to do. No to meaningless words. No to crying for somebody. No to nostalgia. No to the life that keeps me breathing. No to pain. No to the death that takes away the people I love. No to the poison running through my veins. No to the world. No to this poem. No to the optimists and no to the pessimist I am. No to melancholy. No to the one who takes me back to the ground when I am flying. No to me. No to making the same mistakes again and again and again. No to those without their own opinion. No to the people who always say „yes“. No to constant yes.

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